

FOR IMMEDIATE RELEASE

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NEW DINING ALTERNATIVE FOR SENIORS IN WALDO COUNTY

(Northport, Maine, January 26, 2007) Senior Spectrum, your path to living well, and Moran's Hideaway Diner have created a new partnership. Together they are offering a new dining program for seniors in Waldo County and visitors to the area. In combining their expertise, seniors will have the opportunity to:

- Enjoy a nutritionally balanced hot meal
- Socialize with old friends
- Meet new friends
- Receive information on new and upcoming programs
- Receive information on health & wellness

Vouchers are available at our Senior Spectrum center, 18 Merriam Road, Belfast. They are available for a suggested donation of \$3.50 for a breakfast menu; and \$4.00 for a lunch/dinner menu.

The vouchers are used as cash at Moran's Hideaway Restaurant to purchase breakfast, lunch or dinner. The beauty of the program is the flexibility for the individual. The voucher may be used any day of the week, and at any time that the Diner is open.

Senior Spectrum has been providing Meals on Wheels in the Waldo County area for many years, as well as an Adult Day program. This new program will enable area seniors to take advantage of a great community dining opportunity. For dining details or to receive vouchers, please contact Beth Seekins, Nutrition Coordinator at 338-1190 or Suzanne Kearns at skearns@seniorspectrum.com

The public is invited to call the Agency's Consumer Helpline at 1-800-639-1553 for additional information or to join the Senior Spectrum Volunteer Corp. The Agency's web site is located at www.seniorspectrum.com.

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